

YES! Basketball

Spring AAU Newsletter

March 18, 2019



Coaches Corner

Coach Hester



Coach Hester is excited for the upcoming 2019 Spring AAU season. He coaches the 7th Grade Girls' team with players who come from a variety of different locations including the Cumberland area, Scarborough, Brunswick and South Portland. Coach Hester is looking forward to working with his young team some of whom are in their first year playing for **YES!**

Coach recognizes the importance of developing positions as well as teaching the girls the fundamentals of basketball. Hester feels his girls will be exposed to competitive basketball throughout the

AAU season. He sees AAU as fast paced and physical in nature and is excited to develop his team so they can strive to achieve the next level of play.



Miss Maine Basketball 2019



YES! caught up with former **YES!** Rising star, Anna DeWolfe, to get Anna's perspective on her years as a former **YES!** Player. Anna recalled playing for **YES!** When she was in 3rd and 4th grade. Anna couldn't remember much about those early years but did remember that she played with current Greely teammate Brooke Obar. Anna also recalled a lot of personal training with Coach Dudley Davis and that her team just didn't lose!

YES! Congratulates Anna DeWolfe for her outstanding accomplishment throughout her basketball career and in being named Miss Maine Basketball 2019! Miss Maine Basketball is presented to the senior player who has demonstrating outstanding basketball skills, who contributed significantly to her team, and has demonstrated leadership and respect both on and off the court.

Good Luck Anna on your future endeavors! **YES!**

The Link Between Sports and Academics

Studies have shown a consistent correlation that physically active people are healthier and able to perform better on tests. Another recent study of children and adolescents found links between exercise and exam success in English, Mathematics and Science. **YES!** understands the link between sports and academics and encourages excellence both academically and athletically!



Zero Gravity New Hampshire Hoops Festival



YES! Central's Coach Elgin's team played hard at the ZG Hoops Fest this past weekend. They made it all the way to the final championship game! Great Job!





Please be aware that sometimes there are circumstances beyond YES!'s control. For example, sometimes there are last minute changes in gym schedules. YES! Makes every effort to notify all players and parents of any last minute changes as quickly as possible. Please be sure to check TeamSnap prior to any game or practice as we try to update TeamSnap once the issue arises.



Fun Fact

Cindy Blodgett was named Miss Maine Basketball in 1994. Cindy went on to play for the University of Maine Orono and, in 1998, was drafted, first round, number six overall by the WNBA Cleveland Rockers.

YES! Spotlight Player

Camdyn C.



Camdyn is 11 years old and has been playing for YES! For the past two years. You can usually spot Camdyn posting up under the net. Camdyn enjoys playing basketball and particularly likes how inclusive her teams have been. Camdyn feels that she gets to work hard at YES! But that she is also allowed to be herself.

Camdyn has improved significantly over the past two years and attributes that improvement to her dedication both to her hard work during games but her commitment to improving during the weekly Skills and Drills sessions.

Camdyn's favorite subject in school is English. She loves to read and write. Camdyn likes how reading and writing are intertwined and the organizational nature she has learned through her academic work to date. Camdyn's favorite book is Harry Potter because she enjoys the magical nature of the book's theme. When Camdyn gets older she wants to play basketball professionally but also wants to be a gym teacher.

YES! wishes Camdyn continued success with her basketball and academic goals.

YES! Spotlight Player

Riley B.



Riley is a 6th grader who is in his inaugural year with **YES!** Riley started playing basketball when he was about 5 years old. Right now, Riley is trying different playing positions to see which position he excels best at. Riley loves making layups and works hard at them!

Riley used to play the saxophone! His favorite subject in school is math. He is hoping to be an Architect when he gets older as he likes to design houses and feels everyone should

have a house.

YES! Is excited to watch Riley continue to develop his skills during the 2019 AAU Spring season and wishes his good luck with his studies!

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